

## STARTERS

### CRISPY COD

Tempura battered cod cheeks on a bed of rocket, served with tomato salsa..... £8

### CHORIZO KING SCALLOPS

Baked chorizo and parmesan king scallops..... £9

### CHARRED ASPARAGUS

With balsamic vinegar, parmesan shavings and Hollandaise dip..... £7

### CHORIZO SCOTCH EGG

Chorizo and apple Scotch egg served with garlic mayo..... £7

## SHARERS - For two people

### NACHOS

A mountain of tortilla chips topped with spicy salsa, cheese, sour cream and guacamole **gf v**..... £13

**Add** Crispy bacon bites..... £3.50

### SURF 'N' TURF

Rump steak strips, garlic marinated chicken, thai tiger prawns, baked chorizo and parmesan scallops, smoked salmon and olive salad and a lemon & chilli sauce..... £28

### DIRTY PRAWN STARS

Fries topped with prawns and thermidor sauce.... £14

### SEAFOOD LOVERS

Locally steamed clams, mussels, crab claws and tiger prawns in a white wine and parsley velouté, with baked chorizo and parmesan scallops and a smoked salmon and olive salad..... £26

**Add** Chef's bread..... £3.50

### NEW FRUITS DE MER

Cold platter served on a bed of ice. Whole dressed crab, tiger prawns, smoked salmon pâté, Welsh laverbread and crab claws, served with fresh bread and oil..... £28

## TREAT YOURSELF

### TENBY-CAUGHT LOBSTER

Choose between a whole or half Tenby-caught lobster cooked in garlic butter, served with dressed salad and potatoes..... £20/£35

### CONFIT CHICKEN SUPREME

Confit chicken served with tenderstem broccoli, beetroot purée and sweet potato ponzu sauce..... £16

### MISO MUSTARD PORK CHOP

With sesame and green beans, served with thyme and garlic baby roast potatoes..... £15

### SLOW-ROASTED PORK BELLY

Served with pear and celeriac mash, seasonal vegetables and a sage and cider sauce..... £16

### CHEF RECOMMENDS

#### LOCAL, DRESSED CRAB

Caribbean style crab mixed with chilli, garlic and spring onions, baked with a parmesan and herb crust. Served with new potatoes and salad..... £16

### VENISON TORTELLINI

Served with Cremini mushroom sauce..... £15

## MAINS

### MOROCCAN SPICED CHICKEN SKEWERS

With couscous, dressed salad and pitta bread with a mint and yogurt dip..... £15

### LUXURIOUS MACARONI CHEESE

A classic; creamy macaroni pasta with cheese **v**..... £12  
**Add** Chorizo..... £3

### CHICKEN CAESAR

Chargrilled chicken breast on mixed leaves, baby tomatoes, croutons, parmesan shavings, caesar dressing (**ask for gf**).....£14

#### CHEF RECOMMENDS SEARED TUNA STEAK

Served with vietnamese salad and chilli butter..... £16

### THE FALAFEL BURGER

Falafel with gem lettuce, hummus served on tomato bread and chunky chips **ve**.....£13

#### CHEF RECOMMENDS FIDEUÀ

A Valencian dish similar to paella: mussels, prawns, clams and cod with vermicelli pasta..... £14

### TACO TRIO

3 tacos served with chips and salad.  
 Teriyaki beef  
 Moroccan chicken  
 Marinated sweet chilli cod..... £15

### THE COVE BURGER

8oz Pembrokeshire beef patty or butterfly chicken topped with cheese salad, slaw and chips..... £15  
**Add** Bacon..... £1

## SAUCES

Peppercorn..... £3  
 Thermidor..... £3  
 Blue cheese and port..... £3  
 Cheddar (perfect for chips).. £3  
 Lemon and chilli butter..... £3

## SIDES

Homemade onion rings.. £3.50  
 Macaroni cheese..... £4.00  
 Add chorizo..... £1.00  
 Garlic baguette..... £4  
 Cheesy garlic baguette.... £4.50  
 Steamed beans served with chilli salt..... £3.50  
 Fries..... £2.50  
 Dirty fries..... £3.50

## FROM THE GRILL

All served with baked vine tomatoes, salad and chips.

10oz RIBEYE STEAK..... £22  
 8oz FILLET STEAK..... £25  
 MARINATED CHICKEN BREAST..... £15  
 GAMMON TOPPED WITH AN EGG..... £15  
 FILLET OF SALMON..... £15

## COCKTAILS

Pornstar Martini	Classic Negroni	Mixed Berry Mojito
Amaretto Sour	French Martini	& many more...