

TAKEAWAY MENU

FRESHLY FILLED CIABATTAS - Ciabattas served with fries and slaw. GF available, please ask.

Tenby cheese steak.....	£10	Southern fried chicken goujons with melted cheese.....	£7
Beer battered fish finger with homemade tartare sauce.....	£8	Meatball marinara with melted cheese.....	£7.50
BBQ vegan pulled pork ve	£7.50	Tuna mayo.....	£7
Hot pork and stuffing.....	£7.50	Sausage and red onion chutney.....	£7.50

MAINS

SPICY CHICKEN FAJITAS

Served with salad, sour cream and guacamole..... £13

THE FALAFEL BURGER

Falafel with gem lettuce and hummus served on tomato bread, with a portion of fries **ve**.....£11

TERIYAKI CHICKEN STIR-FRY

Succulent chicken stir-fried with vegetables and egg noodles..... £13

CLASSIC FISH & CHIPS

Beer battered fillet of fish with homemade tartare sauce. Served with fries..... £10

MOROCCAN SPICED CHICKEN SKEWERS

With couscous, dressed salad and pitta bread with a mint and yogurt dip.. £12

THE COVE BURGER

8oz Pembrokeshire beef patty or butterfly chicken topped with cheese, salad, slaw and fries..... £12
Add Bacon..... £1

HOMEMADE FISH PIE

Served with peas and fries..... £12

CHICKEN TIKKA MASALA

Served with rice..... £12

CHICKEN CAESAR

Chargrilled chicken breast on mixed leaves, baby tomatoes, croutons, parmesan shavings and caesar dressing **(ask for gf)**.....£10

SEAFOOD LINGUINE

Linguine pasta with prawns, mussels and smoked salmon in a rich seafood veloute..... £12

HOMEMADE TURKEY & LEEK PIE

Served with peas and fries..... £10

HOMEMADE CAWL

Served with warm bread and a chunk of cheddar cheese..... £7

SHARERS - For two people

NACHOS

A pile of tortilla chips topped with spicy salsa, cheese, sour cream and guacamole **gf v**.. £11
Add Crispy bacon bites..... £3.50

DIRTY PRAWN STARS

Fries topped with prawns and thermidor sauce..... £14

SEAFOOD LOVERS

Locally steamed clams, mussels, crab claws & tiger prawns in a white wine and parsley velouté, with baked chorizo and masano scallops and a smoked salmon and olive salad. £18
Add Chef's bread..... £3.50

SIDES

Pulled pork.....	£3.50
Fries.....	£2.50
Dirty fries.....	£4
Garlic Bread.....	£4
Add cheese.....	50p
Macaroni cheese.....	£4
Add chorizo.....	£1
Onion rings.....	£3